

LEWIS COUNTY SCHOOLS

SEPTEMBER 2017 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pork Roast Sweet Potatoes Green Beans Bread Applesauce Milk Choice
4 NO SCHOOL	5 Chicken Patty/Bun Lettuce, Onion, Pickles Sweet Potato Tots Cole Slaw Pears Milk Choice	6 Fish Sandwich or Corn Dog Spinach Salad Baked Beans Pineapple Oatmeal Cookie Milk Choice	7 Chicken Nuggets Mashed Potatoes Green Beans Bread Applesauce Milk Choice	8 Chicken Noodle Soup Grilled Cheese Veggie Sticks Pickle Spear Peaches Milk Choice
11 Hamburger/Bun Baked Fries Lettuce, Onion, Pickles Peaches Milk	12 Ham/Cheese Sandwich Broccoli Lettuce, Onion, Pickle Mixed Fruit Oatmeal Cookie Milk Choice	13 Chicken Fajita Wrap Salsa, Cheese Lettuce, Tomato California Blend Fruit Milk Choice	14 Chili/Crackers Peanut Butter or Pimento Cheese Sandwich Celery Sticks Fresh Fruit Milk Choice	15 Salisbury Steak or Pizza Steak Mashed Potatoes Green Beans Bread Applesauce Milk Choice
18 Pizza Stick Cheese Stick Broccoli Pinto Beans Corn Muffin Mixed Fruit Milk Choice	19 Taco/Chips Salsa/Cheese Lettuce, Tomato Corn Pineapple Milk Choice	20 Hotdog/Sauce/Bun Potato Rounds Cole Slaw Pears Milk Choice	21 Turkey/Cheese Sub Peas Lettuce, Onion, Pickles Fresh Fruit Cups Sunshine Bar Milk Choice	22 Pork Roast Sweet Potatoes Green Beans Bread Applesauce Milk Choice
25 Pizza Garden Salad Corn Mixed Fruit Milk Choice	26 Chicken Patty/Bun Lettuce, Onion, Pickles Sweet Potato Tots Cole Slaw Pears Milk Choice	27 Fish Sandwich or Corn Dog Spinach Salad Baked Beans Pineapple Oatmeal Cookie Milk Choice	28 Chicken Nuggets Mashed Potatoes Green Beans Bread Applesauce Milk Choice	29 Chicken Noodle Soup Grilled Cheese Veggie Sticks Pickle Spear Peaches Milk Choice

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and

provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.